

Take the Watt Watchers' ENERGY SAVING CHALLENGE

**Lil' Tex & Ann challenge
you to complete as many
energy saving challenges
as you can in one month.
Have fun!**

Name: _____

Dates: _____

- ☐ Turn off the lights when leaving a room.
- ☐ Shut down your computer when not in use.
- ☐ Unplug chargers when devices are fully charged.
- ☐ Use natural light during the day instead of turning on the lights.
- ☐ Make sure to close doors and windows to keep heat or cool air inside.
- ☐ Take a five minute shower.
- ☐ Turn off the tap while brushing your teeth.
- ☐ Bring a reusable water bottle to school.
- ☐ Walk, bike, or take the bus to school.
- ☐ Recycle one piece of paper, plastic, or glass every day for a week.
- ☐ Plant a tree at home or at school.
- ☐ Turn off the TV when not watching it.
- ☐ Turn off video game consoles when finished playing.
- ☐ Close blinds or curtains on a hot, sunny day to keep your room cooler.
- ☐ Participate in a community clean-up event.
- ☐ Start a compost at school or at home.
- ☐ Read one article about recycling plastics.
- ☐ Turn off classroom lights when natural light is enough to light the room.
- ☐ Air-dry your clothes.
- ☐ Air-dry your hair.
- ☐ Convince your parent or teacher to switch to an Energy Star appliance.
- ☐ Start a recycling program at your school or at home.
- ☐ Use both sides of a piece of paper for drawing or writing.
- ☐ Turn off ceiling fans when leaving a room.
- ☐ Close your refrigerator doors after grabbing food.
- ☐ Pack waste-free lunches with reusable containers.
- ☐ Read one article about renewable energy.
- ☐ Turn off classroom computers and monitors when not in use.
- ☐ Turn off printers and copiers when not in use.
- ☐ Read one article about water resources.
- ☐ Make your own recycled paper.
- ☐ Read one article about global warming and climate change.
- ☐ Convince your parents or teacher to switch to energy-efficient light bulbs.
- ☐ Present an energy saving strategy to your parents or a teacher.
- ☐ Convince your teacher to turn off the classroom projector when not in use.
- ☐ Start a school garden.
- ☐ Read one article about fossil fuels.
- ☐ Teach one of your teachers or parents something about energy that they did not know.



The University of Texas at Austin
Watt Watchers of Texas

www.watt-watchers.com



Take the Watt Watchers' **ENERGY SAVING CHALLENGE**

**Lil' Tex & Ann challenge
you to complete as many
energy saving challenges
as you can in one month.
Have fun!**

Name: _____

Dates: _____

- ☐ Turn off the lights when leaving a room.
- ☐ Shut down your computer when not in use.
- ☐ Unplug chargers when devices are fully charged.
- ☐ Use natural light during the day instead of turning on the lights.
- ☐ Make sure to close doors and windows to keep heat or cool air inside.
- ☐ Take a five minute shower.
- ☐ Turn off the tap while brushing your teeth.
- ☐ Bring a reusable water bottle to school.
- ☐ Walk, bike, or take the bus to school.
- ☐ Recycle one piece of paper, plastic, or glass every day for a week.
- ☐ Plant a tree at home or at school.
- ☐ Turn off the TV when not watching it.
- ☐ Turn off video game consoles when finished playing.
- ☐ Close blinds or curtains on a hot, sunny day to keep your room cooler.
- ☐ Participate in a community clean-up event.
- ☐ Start a compost at school or at home.
- ☐ Read one article about recycling plastics.
- ☐ Turn off classroom lights when natural light is enough to light the room.
- ☐ Air-dry your clothes.
- ☐ Air-dry your hair.
- ☐ Convince your parent or teacher to switch to an Energy Star appliance.
- ☐ Start a recycling program at your school or at home.
- ☐ Use both sides of a piece of paper for drawing or writing.
- ☐ Turn off ceiling fans when leaving a room.
- ☐ Close your refrigerator doors after grabbing food.
- ☐ Pack waste-free lunches with reusable containers.
- ☐ Read one article about renewable energy.
- ☐ Turn off classroom computers and monitors when not in use.
- ☐ Turn off printers and copiers when not in use.
- ☐ Read one article about water resources.
- ☐ Make your own recycled paper.
- ☐ Read one article about global warming and climate change.
- ☐ Convince your parents or teacher to switch to energy-efficient light bulbs.
- ☐ Present an energy saving strategy to your parents or a teacher.
- ☐ Convince your teacher to turn off the classroom projector when not in use.
- ☐ Start a school garden.
- ☐ Read one article about fossil fuels.
- ☐ Teach one of your teachers or parents something about energy that they did not know.



The University of Texas at Austin
Watt Watchers of Texas

www.watt-watchers.com

